



THE SAUCONY Castle Howard

10k Trail Race, 6k Trail Race and 1k Children's Dash

Presented by

Welburn Community Primary School P.T.A.

In Association with

BANNATYNE'S, SWEATSHOP, UKResults, Herbalife, SAUCONY, Telecoms Plus Ltd

SUN. 13th JUNE 2010, 10am 6k (13yrs+), 10.05am Kids Dash (U13yrs) , 11.15am 10k (16yrs+)

Incorporating The NYP PSUK cross country running championships 2010

Race Promoted by **NYP AC** (race info at www.nyptri.freeuk.com) - Prize List posted on race day

By kind permission of The Hon. Simon Howard

(All proceeds in aid of Welburn Community Primary School P.T.A. Reg. Charity 1089835)

Entries To: Trail Race, M. Green, 7 Low Hutton Park, Huttons Ambo, York, YO60 7HH

or enter on line at www.ukresults.net

All Enquiries To: Lindsey at lindseylootwo@aol.com or 07798 708304

First Name _____ Surname _____

Address _____

Postcode _____ Tel. Contact _____

Date of Birth _____ Age on Race Day _____ Sex M /F _____

E MAIL ADDRESS: _____

(Essential for joining instructions and Results or visit www.nyptri.freeuk.com)

Attached Y/N? ____ Club _____ (Team Prize) U.K.A. Reg. No _____

Are you a paying member of PSUK (Police Sport UK) Y / N ? _____ (For PSUK Champs.)

Declaration. I declare that I am an amateur according to U.K. Athletics laws. I understand that I take part entirely at my own risk and accept that the organisers shall not be liable for any injury or illness to my person as a result of taking part, nor for any damage to or loss of property.

Signature _____ (of adult if U16) Date _____

Event Entered (Tick): 10k Trail £10 Unattached ____ £8 Attached ____ (UKA MEMBER)

6k Trail £9 Unattached ____ £7 Attached ____ (UKA MEMBER)

Kids Dash £3 Tick ____ Sponsor form on home page www.nyptri.freeuk.com

Or if a child entering children's dash and pledge to raise minimum £5 then no fee required Tick ____

Additional donation to help the School: Amount: £ ____ (Optional)

Your details may be passed to UK Athletics. Please tick here ____ if you do not wish your details to be fwd to UKA

TOTAL AMOUNT ENCLOSED : £ _____ cheques payable to Welburn C.P School PTA

**** ENCLOSE 9 X 6 SAE (Essential for Race Number) with 1st Class Stamp ****
Entries on the day £2.50 supplement if places are available

From ukresults.net

GIFT AID. Please help us to make your additional donation worth even more. If you are a taxpayer we can reclaim the tax from this. Currently we reclaim 28p from every £1 given.

Please tick the box if you are a UK tax payer and you wish Welburn C.P. school to reclaim the tax on your

ADDITIONAL donation only . PLEASE TICK _____

